

South King County Junior Football League

P.O. Box 28398

Seattle, WA 98118

Quick Reference

Please refer to your SKCJF League Standing Rules for definitions and more information.

Registration Forms

All registration forms must be completed and signed by parent/guardian and witness. Insurance Provider, ID policy and Physician information must be filled out completely. If participant has no insurance, state on form No Insurance or N/A. If participant has DSHS please state on form with ID information/HMO/ ID number.

If child's name is different then what is stated on birth certificate please put legal name in parentheses. Example if child goes by Johnny Doe but birth name is (John Doe) or if child goes by Jane Smith - Doe and birth name is (Jane Smith).

Pre Season Certifications

Teams are schedule in a time block. Teams should line up by age alpha order. Participant should have code of ethics and registration forms filled out completely in hand with proof of birth. If participant does not have proof of birth at the time of certification they will be certified but not eligible participate in games/playoffs/championship until proof of birth is provided. Please let the participant's parent/guardian know that proof of birth will required by roster night or their child will have to show proof of birth at every game.

Final Rosters

All final cheer and football team rosters are due at Jamboree to the SKCJFL Secretary.

Insurance Incident Reports

Insurance incident reports must be filled out daily and mailed to the SKCJFL Insurance Coordinator weekly to P.O. Box 28398 Seattle, WA 98118. If no injuries occur during the week you must state this on your report. If an injury occurs and the participant is transported of the field/event by aid car please report incident within 24 hours.

No Parents/Guardians on field during practices or games, only exception will be if a medical emergency occurs.

Kathy Thompson, Commissioner
thomkat20002@yahoo.com

Kevin Hightower, Assistant Commissioner
ktower07@msn.com

Insurance and League Fees

Insurance and League fees are due in two equal installments. The first half is due by the regularly scheduled league meeting in August. The balance is due roster night in September.

Protest Fees

The protest of a game must be submitted in writing to the SKCJFL Athletic Director with copies to the other members of SKCJFL Executive Board within 48 hours after the game. All protest must be accompanied by \$50.00 fee.

Judgment calls by an official or Cheer Championship Judge **CANNOT BE PROTESTED.**

Film or video tapes cannot be used for the purpose of protesting a call, but may be used for disciplinary action by the SKCJFL Executive Board.

Game Day Certification

All player will be officially certified prior to entering each game. Only players present thirty (30) minutes prior to the schedule game time are eligible for pre game certification unless approved by both franchises and provided that the child has at least five (5) minutes of warm-up exercising prior to entering the game. Any player arriving late may be certified at half time. Jerseys must be turned inside out until player is certified.

Reporting Game Day Scores

Each franchise will call or e-mail all scores and the number of officials for each of their weekly games to the SKCJFL Athletic Director no later than 5:00 pm Monday following the game weekend. Failure to do so will result in a \$50.00 fine.

Game Day Ejection

An ejection of a player or coach must be reported weekly to the SKCJFL Athletic Director. Ejection of a player or coach will result in a one (1) week suspension.

Overtime Rule

If regulation time of a scheduled League or make up game ends in a tie, there will be two (2) overtime periods. *There will be a coin toss and four (4) downs for each team played from the ten (10) yard line. * The loser of the coin toss has the choice of second over time four (4) downs for each team played from the five (5) yard line. *

Franchises are responsible for their participants, parents and guest at any SKCJFL game or event.